



## Eat to Live!

### Sweet Dreams



Several of you have asked about a sugar free choice in our Sweet Times and Old-Fashioned Candy lines, so we did some research and found these little gems—a sugar free hardy candy that marries fruit flavors with chocolate for some satisfying sweet tooth therapy.

We were so happy with the results we gave them their own name—Sweet Dreams.

We also went ahead and debuted our new logo on the label. Be on the lookout for it as we make the transition gradually over the next year. And let us know what you think!

Sweet Dreams **SF540** (2 oz)

1.30/62.40; Case of 48

Noticing a theme here?  
It's the Taffy issue!

### Plan Ahead

#### Good Things for Autumn & the Holidays!



**Fall Taffy** (5.5 oz, brand new label) features yummy cinnamon bun taffy.

**Holiday Candy** (2 oz) blends peppermint and spearmint taffy for a great—and affordable — stocking stuffer.

Order Early!



Want to try your hand at making your own taffy? This recipe is thought to be from around 1919.

#### Genuine Atlantic City Salt Water taffy.

Mix four pounds of sugar and one tablespoonful of corn starch, then place in a kettle and add:

- 4 pound corn syrup
- 1/4 pound Nucoa Butter
- 1 1/2 pints water

Cook to 256 degrees F., then add one tablespoonful salt, pour on slab and when cool enough, pull on hook for a long time. Spin into strips as with stick candy, cutting into pieces about 3/4 inch long. Wrap each piece in thin wax paper.

[ NOTE: Nucoa brand "butter" was really margarine. It contained salt.]

**If you try this, let us know whether it worked out or not—we haven't tried it. If it doesn't, order some from us!**

### Spice (the fun stuff)



The first written reference to taffy was in the Oxford English Dictionary in 1817. But that candy may have been a far cry from what we now eat. Taffy—as we know it—became popular soon after, as a home made treat that quickly was the center of social events called taffy pulls, where all ages (and genders!) could mingle for a little wholesome fun. The association with taffy and the shore began in the 1880s when John Fralinger started selling pre-made boxed taffy as an easy souvenir on the Atlantic City Boardwalk.

**Recipe and taffy facts from the website [foodtimeline.org](http://foodtimeline.org)**

#### Special Note

Starting August 1, 2009 all of Naturally Yours case quantities will become 48. This affects all products that had previously been sold in quantities of 36 or 60.

#### Look for Naturally Yours Product at These Upcoming Shows :

Great Deals  
Guaranteed!

July 19-22  
August 10-14  
August 15-20  
Sept 13-15  
Date TBA  
October 4-6  
October 26-29

Philadelphia Gift Show  
Minneapolis Gift Mart  
New York Gift Show  
North East Market at Billerica  
Maine Holiday Show  
Minneapolis Gift Mart  
New England Souvenir Show

Send your feedback on our newsletter and web site, or any questions to: [mary@yoursnaturally.com](mailto:mary@yoursnaturally.com)

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